

Coaching Bio - Kimberly Newell

Kimberly Newell, OLY, Head Coach for Veit Goaltending Development

Kimberly Newell is a Head Coach for Veit Goaltending Development. She is an Olympian and World Champion goalie who is passionate about human performance both on and off the ice.

She started playing hockey with the boys and competed at the AAA level all the way up to Major Midget, winning numerous MVP awards, tournaments, and provincials. She played in the BC Hockey program before representing Canada at the U18 World Championships and winning gold.

Kimberly transitioned to the women's side of the game for her first year at Princeton University, and helped her team move up the ranks as the starting goalie for the next four years. In her fourth year, she backstopped the team to win the Ivy League Championship, ending her collegiate career with the all-time most career saves and wins in Princeton history.

After graduation, she decided to pursue a career in finance and worked in New York City for two years. Out of the blue, she got a call from the head coach of the Kunlun Red Stars asking her to come back and play for the first-ever Chinese professional team. She's since played four years of professional hockey around the world, winning the WHL Championship and representing China at the 2022 Beijing Olympics, where she earned the best save percentage.

Kimberly brings her extensive playing experience to her coaching practice. She helps goalies elevate their game through technical work, tactical exploration, and mental resilience. She encourages curiosity and open-mindedness in her student's pursuit of improvement, providing insightful perspective on effective pathways forward.

Her style of coaching emphasizes the importance of being versatile; she aims to expand the toolkit for her students in order to create a set of most effective options. She also focuses on creating the ability to adapt to different situations and maintain a high level of performance regardless of the external situation. She believes that versatility and adaptability are the foundational pillars for developing long-term success.

Kimberly is obsessed with shredding on her snowboard and can be found on the slopes sending side hits.

Coaching Experience:

- 6+ years of coaching experience (2016-present)
- 2 years Goalie Coach for BCEHL Greater Vancouver Comets (2022-24)
- 2 years Head Goalie Coach for Empower Hockey (2022-24)
- 4 years Goalie Mentor for Kunlun Red Stars Chinese goalies (2016-2022)

International Experience:

- 2022 Team China Olympian
- 2022 Olympics best save percentage (95.5%)
- 2013 Team Canada U18 World Champion
- 2013 U18 World Championship MVP Best Goalie
- 2013 U18 World Championship best save percentage (96.0%)

Professional Experience:

- 2020-21 WHL Best Goalie of the Year (best save percentage 96.1%, best GAA 0.72, most shutouts 6, most wins 15)
- 2020 WHL Champion
- 2020 WHL All-Star Team selection
- 2018-2022 professional hockey player for Kunlun Red Stars

Collegiate Experience:

- All-time winningest ice hockey goalie at Princeton University
- All-time most career saves at Princeton
- Second all-time most career saves in ECAC history
- Most wins in a single season at Princeton (22)
- 2015-16 Ivy League Champion
- 2015 NWHL inaugural draft selection by the New York Riveters
- 2014-15 Ivy League second all-star team selection
- 2012-16 ECAC All-Academic Team honors for all 4 years

- 2012-16 ECAC Best Goalie of the Week selection 12 times and Best Goalie of the Month selection
- 2012-13 Rookie of the Year award

Other Experience:

- 2011-12 first female goalie ever to play in the male BCEHL U18 AAA league for the Kootenay Ice